

INSTRUCTION MANUAL FOR DBX BUSHIDO TRAINING RUBBER KNIFE

1. Usage and Purpose of the Training Rubber Knife

The training rubber knife is a safe tool used for simulating knife combat in controlled conditions, primarily used in self-defense training and martial arts. To ensure safe and effective use, follow the guidelines below:

Use in a Controlled Environment: Training exercises with the rubber knife should be conducted in a safe environment and preferably under the supervision of an instructor to minimize the risk of injury. Exercises may include defensive techniques and simulated attacks, but safety rules must always be followed.

Grip and Movement Control: Hold the rubber knife in a stable manner, but without excessive pressure to avoid unnecessary strain. During training, avoid sudden, uncontrolled movements that could cause injury to your partner.

Use According to Self-Defense Techniques: The rubber knife is intended solely for self-defense exercises and simulations – it should not be used for full-force strikes or on hard objects, as this could damage the material.

Body Protection During Training: It is recommended to use basic protective gear, such as gloves, training shields, body protectors, or helmets, to increase safety during exercises, especially when performing dynamic attack and defense techniques. The rubber knife should not be used in strikes directed at unprotected areas of the body.

2. Cleaning and Maintenance

Maintaining the cleanliness and condition of the rubber training knife will help keep it in good shape and prevent premature wear.

Cleaning After Each Use: After each training session, wipe the knife with a damp cloth to remove sweat, dust, and other debris. A mild detergent can be used if tougher stains remain on the knife.

Avoid Harsh Detergents: Do not use aggressive chemicals, as they can damage the rubber material or cause it to crack and wear out prematurely.

Disinfection: If the rubber knife is used by multiple people, it is advisable to regularly disinfect the surface to prevent bacterial growth. Use disinfectants suitable for sports equipment.

3. Storing the Rubber Training Knife

Proper storage will help maintain the durability and elasticity of the material.

Dryness and Avoiding Direct Sunlight: Store the knife in a dry place, away from direct sunlight, which can weaken the rubber. UV rays can accelerate material aging, causing it to crack or break.

Avoiding Excessive Strain: Do not store the knife in a position that causes bending or squeezing. Keeping its original shape will allow for more realistic simulations and increase the longevity of the equipment.

4. Checking the Condition of the Rubber Training Knife

Regularly inspecting the knife ensures safe training and protection from potential damage.

Checking for Cracks and Damage: Before each training session, check the knife for cracks, abrasions, or other damage. A knife with cracks may be dangerous during exercises and should be replaced.

Elasticity and Material Integrity: If the material of the knife begins to lose elasticity, crumble, or stretch in an unnatural way, consider replacing the equipment to avoid injury and ensure effective exercises.

5. Ingredients / Hazardous Components

The rubber material of the training knife may contain substances that can cause allergic reactions in sensitive individuals. If skin irritation or other allergy symptoms occur, discontinue training and consult a doctor.