

# DBX BUSHIDO TRAINING GLOVES USER MANUAL

## 1. Usage and Purpose of Training Gloves

Before each training session, ensure that the gloves fit well and are securely fastened – closures (e.g., Velcro straps) should hold the hand firmly in position. Loose gloves may reduce protective effectiveness and increase the risk of injury.

When using training gloves, avoid using them on surfaces not intended for boxing exercises, as this can damage the internal structure and materials.

After training, remove the gloves from your gym bag and leave them in a well-ventilated area to dry, which will help prevent bacterial growth. Storing the gloves in a dry, ventilated space also reduces unpleasant odors and prolongs their durability.

## 2. Cleaning and Maintenance

### External Cleaning

Regularly clean the outer surface of the gloves with a soft, damp cloth. Avoid aggressive detergents, alcohol-based cleaners, or bleach, as they may damage the glove material and reduce its lifespan. Cleaning the gloves after each training session will help prevent the buildup of sweat and dirt.

### Interior Hygiene of Gloves

The interior of the gloves requires special attention to hygiene. To keep them dry and clean, wipe the inside with a dry, clean cloth. You may also use antibacterial sprays for sports accessories, following the manufacturer's guidelines to avoid over-saturating the material. To maintain freshness, consider using antibacterial inserts or moisture absorbers to help prevent odors.

### Material Protection

If the gloves are made from materials requiring special care, such as natural leather, use appropriate leather care products once a month to prevent the material from drying out and cracking.

## 3. Storage of Gloves

Store training gloves in a dry, cool, and well-ventilated area, away from direct heat sources and sunlight. Storing them in high temperatures or humid conditions may accelerate material damage and shorten the lifespan of the gloves. Avoid keeping gloves in a closed sports bag for extended periods; instead, place them in a breathable cover or a separate compartment to allow proper air circulation.

## 4. Technical Condition Inspection of Gloves

Regularly inspect the gloves for any damage, such as abrasions, tears, or deformations in the padding. Check if the gloves are beginning to deform, if the filling is compressing, or if the material is cracking or losing elasticity. If any such issues arise, discontinue training with that pair of gloves to reduce the risk of hand and wrist injuries.

## 5. Ingredients / Hazardous Components

The gloves may contain materials that could cause allergic reactions in sensitive individuals, such as neoprene, rubber, elastane, or polyester. If allergic symptoms appear, such as redness, itching, or burning, discontinue glove use immediately and consult a physician.