

DBX BUSHIDO GYM GLOVES USER MANUAL

1. Usage and Purpose of Gym Gloves

Before starting your workout, ensure that the gloves are properly fastened, with the straps (velcro or buckles) securely holding your hands in the optimal position. Loosely fastened gloves can increase the risk of injury and reduce hand protection effectiveness. During exercises, avoid using gloves on equipment that may damage their structure and weaken the material. These gloves are intended for use in the gym, specifically for weightlifting and other related activities.

2. Cleaning and Maintenance

The outer surface of the gloves should be regularly cleaned with a damp, soft cloth. Do not use harsh detergents or alcohol-based products, as they may damage the material and shorten the gloves' lifespan. After each workout, wipe the inside of the gloves with a dry cloth to remove sweat and moisture. Additionally, using antibacterial sprays designed for sports accessories can help maintain hygiene. Follow the manufacturer's instructions to avoid over-saturating the material.

For leather gloves, special care products can be used once a month to prevent the leather from drying out and cracking.

To increase hygiene, it is recommended to use moisture-absorbing inserts inside the gloves after training. These inserts help prevent unpleasant odors and prolong the life of the product. Avoid exposing gloves to sharp objects or storing them near chemicals that could damage the material.

3. Storage of Gloves

Gym gloves should be stored in a cool, dry, and well-ventilated area, away from heat sources and direct sunlight. Avoid keeping the gloves in places with high temperature and humidity, as this can weaken the material and cause it to crack. Do not store the gloves in a closed gym bag for extended periods. It is recommended to use protective covers or separate compartments in your bag that allow airflow.

4. Technical Condition Inspection of Gloves

Regularly inspect the gloves for damage, such as cracks, abrasions, or deformities in the padding. If you notice that the gloves are losing their shape, the padding becomes compressed, or the material cracks or wears, they may no longer provide sufficient protection for your hands and wrists. In case of severe mechanical damage, replace the gloves to ensure effective protection.

5. Ingredients / Potential Allergens

Some gloves may contain substances that can cause allergic reactions in sensitive individuals, leading to contact irritation or allergies. If you experience any allergic symptoms, contact a doctor immediately.