

INSTRUCTIONS FOR USE OF THE ROCHER PROTECTOR

1. Usage and Purpose of Protective Cups

Protective cups are specialized protective gear designed to safeguard intimate areas from mechanical injuries, strains, and damage during contact sports.

The protective cup is crafted to ensure adequate protection, wearing comfort, and support during intense exercises or competitions. It must be used as intended to avoid injuries or damage in the groin area.

IMPORTANT: The protective cup does not guarantee 100% protection against injuries but significantly reduces the risk of tissue damage caused by impacts or pressure. Using it according to the manufacturer's recommendations enhances its protective effectiveness.

2. Wearing and Adjusting the Protective Cup

The cup should be worn directly on the body, typically under sports clothing. Before first use, ensure the cup is appropriately sized to fit your body shape. A cup that is too tight or too loose may restrict movement or fail to provide adequate protection.

Recommendations for wearing:

Ensure the cup is properly fitted and snug to provide the intended protection.

If the cup features adjustable straps or elastic bands, adjust them for comfort to avoid pressure or discomfort.

After wearing, verify that the cup does not hinder normal movement or cause pressure in the groin area.

IMPORTANT: Always ensure the cup is well-fitted to prevent it from shifting during intense training or competition.

3. Cleaning and Maintenance of the Protective Cup

To ensure long-lasting use of the protective cup, it's important to maintain cleanliness and hygiene. After each training session or use, the cup should be thoroughly cleaned to remove sweat, dirt, and bacteria that may accumulate on the material.

Maintenance recommendations:

Wash the cup by hand or in a washing machine using mild detergents.

Avoid using harsh chemicals that may damage the material.

Before washing, ensure the cup is properly folded or secured to prevent damage to components (e.g., straps, adjustments).

After washing, hang the cup to dry in a shaded area to prevent material damage from direct sunlight.

Do not use a tumble dryer, as it may damage the material or elastic fibers.

4. Storage of the Protective Cup

The cup should be stored in a dry, clean location away from heat and moisture sources. Avoid storing it in high-humidity environments (e.g., bathrooms), as this may lead to unpleasant odors and material damage.

Storage recommendations:

After each use, store the cup in a dry place with good ventilation.

Avoid leaving the cup in drawers or sports bags for extended periods without drying it first, as this may cause unpleasant odors.

5. Technical Condition Inspection of the Protective Cup

Regularly inspect the condition of the protective cup, focusing on any damage to the material, seams, straps, or elastic bands. A damaged cup may fail to provide adequate protection.

Inspection recommendations:

Check the condition of seams, straps, and elastic bands, especially in areas prone to wear and tear (e.g., material joints).

Look for material deformities, abrasions, or signs of wear that may affect comfort and protection.

6. Components / Hazardous Materials

Some materials used in the production of the protective cup (e.g., rubber, elastane) may cause allergic reactions in sensitive individuals. If an allergic reaction occurs, discontinue use immediately and consult a doctor.

IMPORTANT: If you experience skin irritation or other allergic reactions after wearing the cup, consult a doctor and consider switching to a model made from alternative materials.