

User Manual and Maintenance Instructions for Gel Gloves (Boxing Wraps)

Product Description: Gel gloves, also known as boxing wraps, are sports accessories designed to be worn under boxing gloves. Their purpose is to protect the hands during strikes, absorb shocks, and provide comfort during boxing, kickboxing, or MMA training sessions.

Usage Instructions:

1. Application:

- Ensure that your hands are clean and dry.
- Slide your hand into the gel glove, ensuring it fits snugly against the skin.
- If the model includes an additional wrap, wind it around the wrist, adjusting the compression level to your preference.

2. Wearing:

- Use gel gloves under standard boxing gloves during training to enhance hand and wrist protection.
- Avoid wearing gel gloves without additional protection, as they may not provide sufficient cushioning during intense strikes.

3. Removal:

- After completing the training session, carefully remove the gel gloves, avoiding abrupt movements that could damage the material.

Washing and Maintenance Instructions:

1. Washing:

- Hand wash in lukewarm water with a mild detergent.
- Avoid using bleach or strong chemicals that may damage the material.
- The gloves can be washed at low temperatures, not exceeding 30°C, to maintain their properties.

2. Drying:

- Lay flat to dry in the shade to prevent color fading and material deformation.
- Avoid tumble drying, as it may cause the material to shrink.

3. Ironing:

- Do not iron to prevent damage to the elastic fibers and gel inserts.

Precautions:

- Avoid contact with sharp objects that may puncture or damage the gel inserts.
- Store in a dry and well-ventilated place, away from direct sunlight, to maintain elasticity and durability.
- Do not apply to damaged skin or open wounds.
- If irritation or allergic reactions occur, discontinue use immediately and consult a physician.

Additional Notes:

- This product is not intended as a substitute for professional medical care.
- Regular adherence to the above recommendations will ensure long-lasting and effective use of the gel gloves.